

Hand in Hand Parenting With Madeleine Winter

Short Talks and Workshops

HAND IN HAND PARENTING offers practical tools to help support relationships within and around families. Rather than seeking to control or “train” children, our approach is based on how much children look to us for love and want to be close and connected. We offer concrete, parent-tested *Listening Tools* for building, strengthening and repairing the adult-child connection and helping you build the support you need in order to parent well.

In these workshops (from 1-3 hours) we aim to present *Hand in Hand Parenting* as it applies to common parenting challenges, in workshops. Some of these topics can also be presented as three session courses, and others can be grouped as a series of one-off talks around a theme – such as “Helping Your Child at School”.

Staying Close and Solving Problems – Building Strong Relationships with your Children

“Will you Play With Me?” Using Play to Build Confidence and Resilience in Children*

“I Have to Go Now!” – Helping Your Child with Separation Anxiety*

“Why is My Child Afraid?” - Helping Children with Their Fears and Worries*

“It’s Time for Bed Now” – Helping Your Child to Sleep*

“It’s Mine!” – All About Sharing

“Why Can’t They Just Get Along?” Some Solutions for Sibling Rivalry*

Helping Children Play Well Together

Starting School, Surviving School, Thriving at School – Helping with School Struggles*

Homework Hassles: How to Help Your Child

Biting, Pushing, Pulling Hair – Helping Children with Aggression*

“Why Won’t They Just Do What I Say?” Setting Limits without Saying Time-Out*

“Daddy Loves You Very Much” – Fathers Are Primary Parents

“I Can’t Stand It Anymore!” - What to Do When Your Kids Push You Over the Edge

Tears, Tantrums and Other Troubles - Handling Emotional Moments*

What is the cure for whining?

“I Hate You!” – Hard Words and Hard Feelings Between Parents and Children.

Raising Boys to be Gentle and Girls to be Strong.

Navigating the Pre-Teen Years.

*We can present these topics as 3 session courses – sometimes run over 5 weeks.

We also run several 6 week courses which provide a more comprehensive introduction to *Hand in Hand* covering all the *Listening Tools*.

We are more than happy to develop talks and presentations to meet the particular needs of your community of parents and carers. Feel free to contact us to discuss any other topics of interest or concern.